



**FOR IMMEDIATE RELEASE**

**CONTACT**

Wendy Tremayne  
[wendy@gaiatreehouse.com](mailto:wendy@gaiatreehouse.com)  
917.991.3309  
Alt.: Deborah Rabia Povich  
[rabia@sevenpillarshouse.org](mailto:rabia@sevenpillarshouse.org)  
434.990.4220

**A Contemplative Toolkit  
for the Social and Ecological Needs of Our Time  
*The Seven Pillars: Journey Toward Wisdom*  
A Multimedia E-workbook**

*New Lebanon, New York* — Seven Pillars House of Wisdom, a non-profit dedicated to cultivating living wisdom for our time, has published a groundbreaking multimedia electronic book titled, *The Seven Pillars: Journey Toward Wisdom*, for sale in the iTunes and Amazon bookstores beginning August 3, 2015. *Journey Toward Wisdom* also incorporates workbook features that engage the reader in a dynamic process of discovery beyond the ordinary reading experience.

Using Apple iBook technology, the iTunes e-book gives readers an integrated media experience that contains imagery, original musical compositions (released as a companion CD), narration, meditation, video, and graphical animation, and many multi-touch features. Kindle readers access the multi-media components of the book by linking to a web-based library ([7pj.org](http://7pj.org)). All readers will find engaging questions and exercises to reflect on and write about at end of each chapter. For book clubs and writing and inquiry groups, a free downloadable discussion guide contains further contemplations tailored for group engagement.

*Journey Toward Wisdom* is designed to help meet the urgent need for fresh vision at this time of dramatic change. "The Seven Pillars" compose an interactive template that can help illuminate the experiences of our life, deepen our insight, and inspire commitment to address the social and ecological challenges before us with integrity and beauty.

The e-book features paintings and illustrations by British artist Cecil Collins, and contributions from many distinguished artists, scholars, activists and visionaries, including Souses Abadian, Christopher Bamford, Mary Catherine Bateson, Robin Becker, Rabbi Olivier BenHaim, Orland Bishop, Ruth Broyde-Sharone, Adam Bucko, Apela Colorado, Paul Devereux, Pir Zia Inayat-Khan, Lee Irwin, Kane Mathis, Dena Merriam, Deepa Patel, Yuval Ron, David Spangler, Bisan Toron, Wendy Tremayne and many others.

Seven Pillars House of Wisdom has a dedicated staff, active board, and an advisory council of accomplished collaborators who help guide the progress of the organization. Central to their work is fostering creative programs and publications, including an online journal. Seven Pillars creates digital media and video, and hosts real-world events. Seven Pillars House of Wisdom



was established in 2007, drawing particular inspiration from the Sufi teachings of Hazrat Inayat Khan, the inter-spiritual work of Br. Wayne Teasdale, and the cultural creativity of William Irwin Thompson.

The organization was founded in the tradition of such great houses of wisdom as the Library of Alexandria, the House of Wisdom of Baghdad, the interfaith House of Worship at Fatehpur Sikri, and the Platonic Academy of Florence. At special moments in human history, these houses were created to conserve and harvest the wisdom of the world. Like them, Seven Pillars is dedicated to synthesizing knowledge from the past and advancing new paradigms fitted for our time.

**Release Date:** August 3, 2015

iTunes \$19.99

Kindle \$9.99

**To obtain a pre-release press copy:**

Send request to [wendy@gaiatreehouse.com](mailto:wendy@gaiatreehouse.com)

**Available for interview:** Pir Zia Inayat-Khan, founder; Shams Kairys, editor;  
David Darakshan Farber and Deborah Rabia Povich, Seven Pillars Trustees.

#### **Additional Links**

**Press Materials and Access to the E-workbook's Audio and Video** - [7pj.org](http://7pj.org)  
**Seven Pillars House of Wisdom** [www.sevenpillarshouse.org](http://www.sevenpillarshouse.org)